



Please contact the **PSP & CBD Foundation** at [info@pspcbdfoundation.org](mailto:info@pspcbdfoundation.org) for help improving awareness in your location! Those in the United States can request a proclamation from your state governor, to designate a day/month to PSP and/or CBD (Awareness Month).

Every state in the U.S. has different requirements/directions on submitting a proclamation. This link below provides state contacts for proclamation requests.

[State Contacts for Proclamation Requests](#)

### July 2019 is PSP Awareness Month in Virginia!



#### CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution of Virginia in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

#### PROGRESSIVE SUPRANUCLEAR PALSY AWARENESS MONTH

WHEREAS, the health and safety of all Virginians is important to the happiness, prosperity, and well-being of our Commonwealth's families, communities, and economy; and  
WHEREAS, Progressive Supranuclear Palsy (PSP) is an uncommon neurodegenerative disease affecting nerve cells that control mobility, balance, walking, speech, swallowing, vision, behavior, cognitive abilities, and quality of life; and  
WHEREAS, approximately 20,000 Americans have PSP, with symptoms usually beginning after age 60; and  
WHEREAS, PSP was first described as a distinct disorder in 1964 when scientists first published a paper distinguishing it from Parkinson's disease; and  
WHEREAS, there is currently no known treatment, cure, or known cause of PSP, but some symptoms may be managed with medication or other interventions; and  
WHEREAS, new discoveries are being made daily for PSP in the scientific community, specifically through the National Institute of Neurological Disorders and Stroke, a component of the National Institutes of Health; and  
WHEREAS, further research on PSP is critical, as people affected with PSP can become severely disabled within three to five years of onset; and  
WHEREAS, the Commonwealth of Virginia is joining the nation in raising awareness of PSP and its impact on families with loved ones who suffer from it; and  
WHEREAS, those who are living with PSP and those who have died from complications due to PSP will not be forgotten;  
NOW, THEREFORE, I, Ralph S. Northam, do hereby recognize July 2019 as PROGRESSIVE SUPRANUCLEAR PALSY AWARENESS MONTH in our COMMONWEALTH OF VIRGINIA, and I call this observance to the attention of all our citizens.



*Ralph S. Northam*  
Governor  
*Kerry Thomas*  
Secretary of the Commonwealth

[Link to CBD AWARENESS MONTH 2019 IN VIRGINIA](#)

[Link to PSP AWARENESS MONTH 2019 IN VIRGINIA](#)

Your governor's office may ask for general contact information and may ask to provide 4-6 "Whereas" sentences explaining what you are raising awareness about. They will edit as needed, it is important that the information provided be accurate and have references provided. Below you will find examples of "Whereas..." phrases that can be used as examples and a reference to use:

#### CBD AWARENESS MONTH:



WHEREAS, Corticobasal degeneration is a rare and progressive neurodegenerative disease that was first identified in 1968, distinguishing it from Parkinson's disease and

WHEREAS, CBD is characterized by nerve cell death and atrophy in multiple areas of the brain, including the cerebral cortex and basal ganglia and

WHEREAS, typical onset begins around age 60 years old and

WHEREAS, prognosis is 6-8 years from onset of disease and

WHEREAS, it initially affects one side of the body more than the other and

WHEREAS, it can affect balance, movement, walking, speech, language, swallowing, vision, limbs, behavior, and sensation and

WHEREAS, there is no treatment or cure for CBD and

WHEREAS, those who struggle with corticobasal degeneration, the caregivers of those with CBD, and those who have died from complications of CBD, are not forgotten

NOW, THEREFORE, I, **\*\*\*Governor's name\*\*\***, do hereby recognize **\*\*\*Month and Year\*\*\*** as CORTICOBASAL DEGENERATION AWARENESS MONTH in **\*\*State of Your locality\*\*\***, and I call this observance to the attention of all our citizens

**PSP AWARENESS MONTH:**

WHEREAS, the health and safety of all **\*\*YOUR STATE\*\*** is important to the happiness, prosperity, and well-being of our families, communities, and economy; and

WHEREAS, Progressive Supranuclear Palsy (PSP) is an uncommon neurodegenerative disease affecting nerve cells that control mobility, balance, walking, speech, swallowing, vision, behavior, cognitive abilities, and quality of life; and

WHEREAS, approximately 20,000 Americans have PSP, with symptoms usually beginning after age 60; and

WHEREAS, PSP was first described as a distinct disorder in 1964 when scientists first published a paper distinguishing it from Parkinson's disease; and



WHEREAS, there is currently no known treatment, cure, or known cause of PSP, but some symptoms may be managed with medication or other interventions; and

WHEREAS, new discoveries are being made daily for PSP in the scientific community, specifically through the National Institute of Neurological Disorders and Stroke, a component of the National Institutes of Health; and

WHEREAS, further research on PSP is critical, as people affected with PSP can become severely disabled within three to five years of onset; and

WHEREAS, **\*\*State of your locality\*\*** is joining the nation in raising awareness of PSP and its impact on families with loved ones who suffer from it; and

WHEREAS, those who are living with PSP and those who have died from complications due to PSP will not be forgotten;

NOW, THEREFORE, I, **\*\*\*Governor's name\*\*\***, do hereby recognize **\*\*\*Month and Year\*\*\*** as PROGRESSIVE SUPRANUCLEAR PALSY AWARENESS MONTH in **\*\*State of Your locality\*\*\***, and I call this observance to the attention of all our citizens.

#### **References:**

NIH-NINDS (2019). Progressive Supranuclear Palsy Fact Sheet. Retrieved from <https://www.ninds.nih.gov/Disorders/Patient-Caregiver-Education/Fact-Sheets/Progressive-Supranuclear-Palsy-Fact-Sheet>

NIH-NINDS (2019). Corticobasal Degeneration Information page. Retrieved from: <https://www.ninds.nih.gov/Disorders/All-Disorders/Corticobasal-Degeneration-Information-Page>

Please let us know if [PSP & CBD Foundation](#) can be of assistance with improving awareness in your locality.

Thank you,

Dayna Hlinko M.C.D., SLP  
Speech-language Pathologist  
Board of Director, President  
PSP & CBD Foundation  
[Info@pspcbdfoundation.org](mailto:Info@pspcbdfoundation.org)