



# CORTICOBASAL DEGENERATION (CBS/CBD/CBGD)

The Neurodegenerative Disorder

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## 1 IN 100,000 PEOPLE

## CURRENTLY

### WHAT IS IT?

A progressive neurological disease that causes degeneration and cell death in areas of the brain, including the cerebral cortex and the basal ganglia. Those with CBD can become severely disabled within 3-5 years of symptom onset.

**NO KNOWN CAUSE**

**NO CURE**

### KNOW THE SIGNS & SYMPTOMS

- Difficulty controlling an extremity (alien limb phenomenon)
  - Balance issues
  - Ridgity
  - Swallowing difficulty
  - Speech and/or language difficulty
  - Jerkiness, slowness, and clumsiness in either the upper or lower extremities.
- AGE ONSET: 40 YEARS AND OLDER**
- Vision issues and light sensitivity can be common
- PATIENTS MAY NOT EXPERIENCE ALL OF THESE SYMPTOMS**
- ANY OF THESE SYMPTOMS MAY WARRANT A NEUROLOGICAL REFERRAL**

### WHAT MEDICAL PROFESSIONALS CAN DO..

- Misdiagnosis or undiagnosed for a long period of time is too common, leaving patients little time to plan and participate in research before becoming severely disabled.
- As medical professionals, we can change this! Know the signs to refer **right away** to a neurologist for further testing!!

### Neurological Tip:

Always provide a quick and easy diagnostic positions test (six cardinal positions of gaze).

Diagnosis should only be made by an expert in neurological disorders/diseases.

