



# PROGRESSIVE SUPRANUCLEAR PALSY PSP

## The Neurodegenerative Disorder

PSP & CBD Foundation

(540)425-0467

✉ info@pspcbdfoundation.org

🌐 [www.pspcbdfoundation.org](http://www.pspcbdfoundation.org)

### WHAT IS IT?

Progressive supranuclear palsy is a degenerative neurological disease that causes damage to parts of the brain above nerve cell clusters called nuclei (supranuclear). PSP affects balance, walking, speech, language, cognition, swallowing, vision, and behavior. Those with PSP may become severely impaired within 3 to 5 years of onset.

### CURRENTLY:

<b>NO KNOWN CAUSE</b>	<b>NO CURE</b>
<b>PREVALENCE: 3 to 6 in 100,000 : 4 main variants of PSP</b>	

### SIGNS & SYMPTOMS:

- Unsteady gait and balance
  - Falls
  - Difficulty with eye movement (vertical gaze and/or difficulty focusing)
  - Person may experience symptoms of blurry vision and light sensitivity
  - Slurring of speech
  - Cognition, memory, behavior, and/or language issues
  - Rigidity
  - Swallowing difficulty
- **AGE OF ONSET: 40 YEARS AND OLDER**
  - **PERSON MAY NOT EXHIBIT ALL SYMPTOMS.**
  - **ANY OF THESE SYMPTOMS MAY WARRANT A NEUROLOGICAL CONSULTATION**

### WHAT MEDICAL PROFESSIONALS CAN DO!!

- Misdiagnosis or undiagnosed for a long period of time is still too common, leaving individuals with little time to plan for the future and participate in research.
- As Medical professionals, we can change this!! Know the signs to refer **RIGHT AWAY** to a neurologist for further testing!
  - **Neurological Tip:** Always provide a quick and easy diagnostic positions test (six cardinal positions of gaze)

*\*Diagnosis should only be made by an expert in neurological disorders and diseases.\**